

1. What one person impacted you the most? (share just the name—not the whole story)
2. What was your favorite memory? (a snapshot—the moment frozen in time you'll remember)
3. If you could only share one story from your STM trip, what would it be?
4. What is one thing God taught you about Himself? About yourself?
5. What one thing exceeded your expectations? What one thing fell short of your expectations?
6. What is the saddest thing about what you are leaving behind from this trip?
7. What are you least looking forward to going home to?
8. Are there any relationships that need mending before you leave?
9. What did God enable you to do that you didn't think you could do?
10. What did you admire about the host culture? How can you integrate that into your life?
11. What do you miss most from the trip? Why?
12. What has been most difficult about coming home? Why?
13. Who or what has disappointed you since coming back? In what way(s)?
14. What new values or priorities are you bringing home with you?
15. What are you confused about or frustrated by?
16. Share about a difficult moment from the trip which you are now thankful for.
17. What one word describes the trip for you?
18. Pick an item from around you to describe the impact the trip had on you.
19. What question (about yourself, God, life, the world) did the trip bring up for you that has not been answered?
20. What was most fulfilling about your time on your trip?